



# हमारे प्रयास आपकी सुरक्षा, हमारा संकल्प

## Heat Wave Mitigation Measures in District Baghpat

जिला प्रशासन, बागपत



पर्याप्त जल  
की उपलब्धता



छायादार स्थानों  
का विकास



कुलर एवं शीतल  
जल की व्यवस्था



जनजागरूकता  
एवं प्रचार-प्रसार



हीट स्ट्रोक सहायता  
एवं स्वास्थ्य सेवाएँ



विद्यालयों में  
सुरक्षा उपाय



जिला आपदा प्रबंधन प्राधिकरण  
बागपत

शीतल जल  
पेयजल सेवा  
आपकी सेवा में

हीट वेव से बचें  
सुरक्षित रहें, स्वस्थ रहें



# Heat Wave Management Under the Leadership of DM Baghpat Asmita Lal (IAS)



## BEAT THE HEAT, STAY SAFE, STAY STRONG

Together, We Can Protect Our Community

“

Heat wave is not just a season,  
it is a challenge we must face together.  
Let us work with awareness, care and responsibility  
to protect every life in our district.  
Stay hydrated, stay safe, and look out for each other.

Together, we can beat the heat  
and build a healthier, safer Baghpat.

”

### KEY ACTIONS UNDER TAKEN



Regular review meetings  
& strict monitoring



Drinking water & cooling  
arrangements at public places



Cooling centers & shaded  
rest areas established



Support & awareness for  
farmers & livestock care



ORS distribution &  
health support ensured



Public awareness  
campaigns in full swing



School safety measures  
& cool roofing initiatives



“Your safety is our priority. Let’s work together to make Baghpat a model district in heat wave preparedness.”

# Administrative Meetings & Preparedness

- Regular review meetings conducted by district administration.
- Monitoring of heat wave preparedness at field level.
- Inspection of cooling facilities in public places.



## Administrative Meetings & Preparedness

Planning Today, Saving Lives Tomorrow



Better Planning  
for Effective  
Implementation



Strong Coordination  
for Faster  
Response



Prepared Today  
to Protect  
Tomorrow



Awareness Today  
Safer & Healthier  
Tomorrow

### Administrative Meetings

Discussing plans, reviewing progress and ensuring effective implementation.



### Preparedness in Action

Ensuring every detail is planned for a faster and more effective response during heat wave.



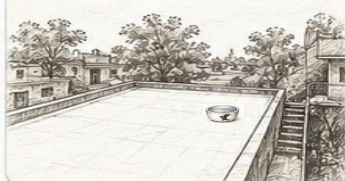
### HEAT WAVE ALERT

- Keep water bowls filled for animals
- Small act of kindness can save lives
- Let's protect our voiceless friends in this summer

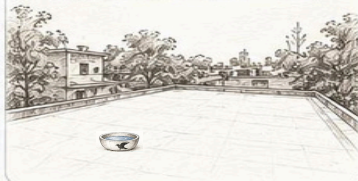
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07/05/2026 11:05 AM GMT +05:30



Badka, Uttar Pradesh  
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06/05/2026 12:59 PM GMT +05:30



Mukandpur, Uttar Pradesh  
Lat 29.203954° Long 77.227847°  
07/05/2026 11:33 AM GMT +05:30



Badka, Uttar Pradesh  
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06/05/2026 12:59 PM GMT +05:30



Mukandpur, Uttar Pradesh  
Lat 29.203954° Long 77.227847°  
07/05/2026 11:33 AM GMT +05:30



A BOWL OF WATER, A LIFE OF HOPE ❤️



Small Acts. Big Impact.  
Together for a Cooler & Compassionate Baghpat.



INITIATIVE BY: JILA PRASHASAN BAGHPAT



# Water and Cooling Arrangements

- Water bowls and drinking water facilities for animals and birds.
- Continuous drinking water arrangements at public places.
- Cooling centers and shaded rest areas established.



## HEAT WAVE ALERT

- 🐾 Keep water bowls filled for animals
- 🐾 Small act of kindness can save lives
- 🐾 Let's protect our voiceless friends in this summer



WATER BOWL PROJECT  
BAGHPAT



## A BOWL OF WATER, A LIFE OF HOPE ❤️

Together, let's make summers a little easier for them. 🐾



# Temperature Control Measures



## HEAT WAVE RELIEF INITIATIVE WATER MIST SYSTEM IN GAU SHALA AND PUBLIC PLACES BAGHPAT DISTRICT



To reduce the impact of heat wave and provide relief to animals and the public, water mist systems have been installed in Gau Shalas and public places across Baghpat district.

GAU SHALA – RATAUL



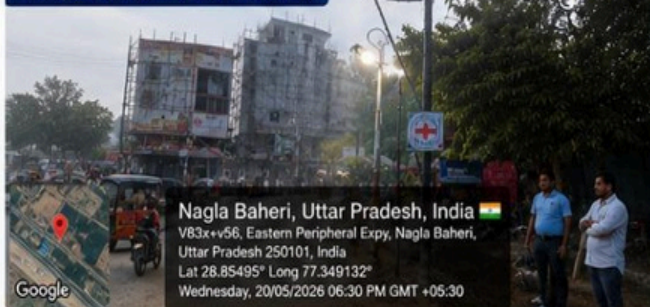
GAU SHALA – NAGLA BAHERI



PUBLIC PLACE – RATAUL



PUBLIC PLACE – NAGLA BAHERI



### KEY BENEFITS



Reduces  
Temperature



Provides Relief  
to Animals



Provides Comfort  
to Public



Promotes Health  
& Well-being



Improves Air  
Quality



TOGETHER, LET'S BEAT THE HEAT!



STAY HYDRATED, STAY SAFE!



District Administration  
Baghpat, Uttar Pradesh



Cooler Environment  
Better Tomorrow



# Farmer and Public Support

- ✓ Farmer support centers activated during extreme heat.
- ✓ Awareness on crop and livestock protection.
- ✓ Distribution of ORS and emergency assistance.

## BEAT THE HEAT, STAY SAFE!

— Heat Wave Awareness & Action —

Under the dynamic leadership of  
**DM Asmita Lal (IAS)**

### HEAT WAVE SAFETY TIPS

-  Drink plenty of water and stay hydrated.
-  Stay in shade and avoid direct sunlight.
-  Wear light, loose and cotton clothes.
-  Avoid heavy physical activity during peak hours.
-  Avoid alcohol, caffeine and heavy meals.
-  Check on elderly, children and others.



### KRISHAK SUVIDHA KENDRA INAUGURATED IN TEHSIL BARAUT



Empowering Farmers with Information, Services & Support



Krishak Suvidha Kendra – Tehsil Baraut



Farmers being informed about schemes & services



Clean drinking water facility



Information & facilitation for farmers

“

Let's work together to protect ourselves and our communities from the heat. Awareness, preparedness and care can save lives.

### STAY HYDRATED, STAY SAFE!

A step towards a healthier, safer and more resilient community.

Under the able leadership of  
**Asmita Lal (IAS)**  
District Magistrate

”  
Our priority is the safety, well-being and welfare of every citizen.



Stay Hydrated



Stay in Shade



Wear Light Clothes



Avoid Sun (11 AM – 4 PM)



Save Water



Take Care of Others

# Public Offices & Health Support

- ✓ Cool drinking water and coolers arranged in offices.
- ✓ ORS distribution centers established.
- ✓ Medical support for heat stroke cases ensured.

## HEAT WAVE

Staying Hydrated, Staying Safe



**45°C+**

- Drink plenty of water
- Stay in shade
- Wear light clothes
- Avoid direct sunlight



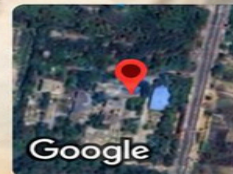
### HEAT WAVE SAFETY TIPS

- Drink plenty of water and keep yourself hydrated.
- Stay in shade and avoid direct sunlight.
- Wear light, loose and cotton clothes.
- Avoid heavy meals, caffeine and alcohol.
- Check on elderly people and children.



GPS Map Camera

**BEAT THE HEAT,  
STAY SAFE!**



Baghpat, Uttar Pradesh, India

Nh334b, Uttar Pradesh 250609, India, Baghpat,

Uttar Pradesh 250609, India

Lat 28.976433° Long 77.218434°

Wednesday, 06/05/2026 05:58 PM GMT +05:30

# School Safety & Awareness Campaigns

- Cool roofing and student protection measures in schools.
- Awareness campaigns through media and WhatsApp groups.
- Public advisories issued regularly.

## COOL ROOFING, A COOLER TOMORROW!

SCHOOLS OF JANAPD BAGHPAT

☀ Reflecting Heat. Reducing Temperature. Building a Better Future. 🌱

❄ Keeps buildings cooler

☀ Reduces indoor temperature

🌱 Saves energy & environment

👥 Improves comfort for students & teachers

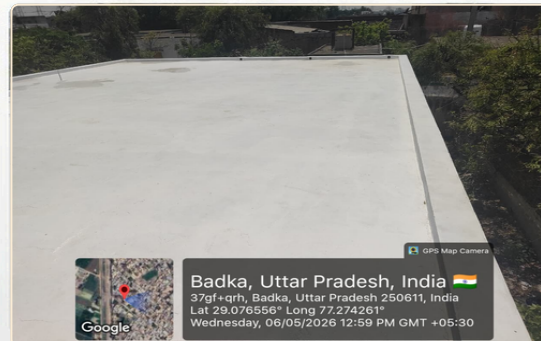
A STEP TOWARDS A SUSTAINABLE FUTURE



LESS HEAT  
MORE COMFORT  
BETTER TOMORROW

### WHY COOL ROOFING?

- ✓ Reflects more sunlight
- ✓ Keeps classrooms cooler
- ✓ Reduces need for electricity
- ✓ Extends roof life
- ✓ Eco-friendly & cost-effective



🌱 Cool Roof Today, Brighter Tomorrow!



INITIATIVE BY: BASIC SHIKSHA VIBHAG, JANAPD BAGHPAT

# Awareness Campaigns

## BEAT THE HEAT, STAY SAFE, STAY STRONG

Heat Wave Awareness Campaign

AWARENESS TODAY, SAFETY TOMORROW

### एडीएम की अपील गर्मी से करें बचाव

जासं, बागपत: एडीएम विनीत कुमार उपाध्याय ने कहा कि 26 अप्रैल को बागपत में अधिकतम तापमान 45.8 एवं न्यूनतम तापमान 23.7 डिग्री सेल्सियस दर्ज किया गया। वर्तमान में तापमान लगातार उच्च स्तर पर बना हुआ है, जिससे ग्रामीण एवं शहरी क्षेत्रों में आम जनजीवन प्रभावित होने की संभावना है। लोगों को भीषण गर्मी एवं लू से बचाव के लिए चौकन्ना रहना चाहिए।

उन्होंने कहा कि दोपहर 12 बजे से शाम 4 बजे के बीच बाहर जाने से बचें। हल्के रंग के ढीले-ढाले सूती कपड़े पहनें। धूप में निकलते समय सिर को ढकें। खूब पानी पिएं, हमेशा पानी साथ रखें। ओआरएस घोल, नमकीन पानी, लस्सी, नींबू पानी, छाछ आदि का सेवन करें। अस्वस्थ महसूस होने पर डाक्टर से संपर्क करें। धूप में नंगे पैर न चलें। दोपहर में श्रम वाली गतिविधियों से बचें। बासी भोजन न करें। शराब, चाय, काफी व कार्बोनेटेड पेय पदार्थों का सेवन कम करें। घर को हवादार रखें।

### ELECTRONIC MEDIA



### PROTECT YOURSELF & OTHERS

 Drink plenty of water	 Stay in shade between 12 PM to 4 PM	 Wear light, loose cotton clothes	 Use ORS, lassi, lemon water	 Stay in cool, shaded or ventilated places	 Take special care of children, elderly & patients
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### TOGETHER WE CAN

Beat the Heat and Build a Healthier, Safer Baghpat



Stay Hydrated



Avoid Direct Sun



Follow Advisories



Seek Medical Help if Unwell

District Disaster Management Authority, Baghpat

Let's work together to make Baghpat a model district in heat wave preparedness.

# ORS Distribution Campaign & Heat Wave Stroke Measured by Red Cross Society

## HEAT WAVE

STAY HYDRATED, STAY SAFE

ORS DISTRIBUTION CAMPAIGN

by

RED CROSS SOCIETY

SIMPLE STEPS TO BEAT THE HEAT



DRINK ORS  
STAY HYDRATED



STAY IN SHADE



WEAR LIGHT  
CLOTHES



SEEK MEDICAL  
HELP



HELP OTHERS

ORS पिएँ, सुरक्षित रहें

HEAT WAVE (लू) क्या है?

जब तापमान सामान्य से अधिक हो जाता है और गर्म हवाएँ चलती हैं, तो शरीर का पानी और लवण कम होकर हीट स्ट्रोक का खतरा बढ़ जाता है।



लू (Heat Wave)

से बचाव के उपाय

- अधिक पानी / ORS पिएँ
- धूप में बाहर निकलने से बचें
- हल्के और ढीले कपड़े पहनें
- लक्षण दिखने पर डॉक्टर से संपर्क करें



RED CROSS SOCIETY

Saving Lives, Relieving Suffering



TOGETHER,  
WE CAN BEAT THE HEAT



HEAT STROKE: SYMPTOMS



High Body  
Temperature



Headache &  
Dizziness



Nausea &  
Vomiting



Rapid  
Heartbeat



Dry Skin



Fatigue



WHAT TO DO

- Move to a cool place
- Give ORS or water
- Apply cool water on body
- Seek medical help immediately



ORS  
ओ.आर.एस.  
Oral Rehydration Salts

पानी पिएँ, ORS पिएँ, जीवन बचाएँ



# Earthen Pot Water Facility at Public Places

## EARTHEN WATER POT FACILITY AT PUBLIC PLACES

A CLEAN WATER SOLUTION FOR LIFE



In the scorching heat and in the midst of cleanliness, ORS mixed water in earthen pots is the first step of a healthy life.



### BENEFITS



Relief from heat and heat stroke



Clean and safe ORS mixed water



Dignity and convenience for everyone



Eco-friendly and sustainable initiative



PROTECT YOURSELF FROM HEAT!



- Drink water frequently, even without feeling thirsty.
- Make ORS mixed water a habit.
- Avoid direct sunlight between 12 noon to 4 PM.
- Wear light, cotton clothes and cover your head.
- Keep children, elderly and sick people especially protected.

Small steps today for a healthy and strong tomorrow.

CLEAN WATER, HEALTHY LIFE



STAY HYDRATED, STAY SAFE

## Conclusion

Baghpat Administration has taken effective and coordinated measures to reduce the impact of heatwaves through awareness campaigns, drinking water arrangements, ORS distribution, water coolers, earthen pots, and public support facilities. These proactive efforts are helping people stay safe, hydrated, and protected during extreme summer conditions while strengthening public awareness and emergency preparedness across the district .

*Thank You*